

LAPORAN TAHUNAN 2018

MAJLIS KAWALAN TEMBAKAU MALAYSIA SESI 2018-2020

AKTIVITI

26 Januari 2018

Mesyuarat Kuala Lumpur Bebas Asap Rokok di LA21, DBKL



MCTC merupakan pelupor kepada Inisiatif Kuala Lumpur Bebas Asap Rokok (KLBAR) dengan cadangan kepada Datuk Bandar Kuala Lumpur pada tahun 2014. Maka pada 18hb Mei 2017 Datuk Bandar Kuala Lumpur dengan rasminya melancarkan

Perlaksanaan KLBAR dibantu oleh empat jawatankuva:

1. Pendidikan & Kesedaran – Penyertaan
2. Advokasi & Pemantauan Semasa

3. Pengiktirafan dan Insentif.



JAWATANKUASA
PERANCANGAN DAN
PELAKSANAAN KLBAR
menerajui perlaksanaan secara
menyeluruh.

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12 – 13 Mei 2018 **SE ASIAN Conference on Tobacco Control 2018 di PWTC, Kuala Lumpur**

Tobacco contributes significantly towards cities being unhealthy, hence the focus on tobacco control's emphasis as the theme of this conference, SEA Conference on Tobacco Control: Towards Healthy Cities, a concept that communities living in cities can identify with.

MCTC in collaboration with Ministry of Health Malaysia (MOH), Kuala Lumpur City Hall (DBKL), Malaysian Health Promotion Board (MySihat) and other partner organisations in its major approach towards Smoke Free Kuala Lumpur (KLBAR) Initiative using Local Agenda 21 strategies in organising this conference was held from 11th to 13th May 2018 at Putra World Trade Centre (PWTC), Kuala Lumpur.



A total of 274 delegates among others 6 ASEAN and 6 International delegates participated in the conference.



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7 Julai 2018

Mesyuarat Agung Tahunan 2018 Majlis Kawalan Tembakau Malaysia



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15 Julai 2018

Bengkel Segar anjuran PEMADAM di PAUM Clubhouse, Kuala Lumpur



Program anjuran PEMADAM Kebangsaan membawa serramai 50 orang ahli-ahlinya dari seluruh negara untuk didedahkan kepada kawalan tembakau sempena hari Tanpa Tembakau Sedunia 2018.

Bendahari MCTC telah memberi penerangan tentang MCTC, FCTC dan keperluan meluas di kalangan masyarakat untuk menjayakan komitmen negara kepada FCTC>

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5 Ogos 2018

KL Car Free Day promosi Kuala Lumpur Bebas Asap Rokok



Sempena program Car Free Kuala Lumpur promosi Kuala Lumpur Bebas Asap Rokok telah diadakan dengan promosi memuatnaik foto-foto peserta. Lebih 50 peserta telah menyertai aktiviti ini.

25 Sept 2018 RTD – Study on the Illicit Trade of Tobacco in Malaysia by ASLI at PAUM Clubhouse, Kuala Lumpur

The illicit trade of tobacco has undermined the efforts of tobacco control policies by facilitating the uptake of cigarettes amongst youths and adults from lower income households due to its affordability and accessibility. To exacerbate the problem, these products are not subjected to quality and safety controls in accordance with health regulations and legal restrictions such as graphic warnings and banning cigarette sales to minors. Furthermore, the existence of illicit trade results in massive losses to government revenue from excise taxes collected on legal tobacco sales, thus depriving the Ministry of Finance of valuable revenue that remain in the pockets of smugglers.

This study seeks to shed light on the illicit cigarette trade problem and to highlight the structural challenges specific to Malaysia. Weak monitoring at our borders and the numerous entry points through which cigarettes can be smuggled into the country are key factors accounting for the widespread availability of contraband cigarettes. In the meantime, the dearth of data to understand the cigarette consumption behaviour of Malaysian population has obscured the gravity of the issue as much as the current policy framework is uninformed and inadequate due to its lack of coherence and collaborative effort between different government agencies.

These factors combined aggravates the adverse effects to public health associated with smoking illicit cigarettes due to their unlicensed and unregulated ingredients, on top of the known side-effects of smoking cigarettes. Moreover, evading taxes on contraband cigarettes has incurred an estimated loss between RM3bil to RM4bil each year—which is approximately a quarter of the projected annual Sales and Service Tax (SST) collection. This revenue could have been utilised to reduce the burden of long-term public health costs associated with tobacco consumption currently borne by the government.

Accordingly, policy solutions must be able to offer cross-cutting structural reforms for the methods which the Malaysian government is currently using to address the illicit trade of tobacco. The government must establish a robust monitoring and evaluation system on the consumption behaviour of Malaysian smokers. Specific allocation of revenue collected from tobacco products should also be channelled towards prevention of illicit trade so that government programmes are sustainably funded to tackle the illegal cigarette trade. Regional collaboration is also vital to facilitate extensive information sharing on the movement of cigarettes across the region.

This Round-table was participated by Tn Hj Shaari Ahmad, Pn Roslizawati Md Ali, Dr Siti Nurbaya Shahrir, En Veeramohan and Muhammad Sha'ani bin Abdullah.

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1 November 2018 Bengkel Rakan Kongsi Kuala Lumpur Bebas Asap Rokok di IDB



Rakan kongsi KLBAR telah menyertai Bengkel ini untuk merancang aktiviti berkaitan.

3 Nov 2018 When Active Living Kicks Setia City Convention Centre, Setia Alam



Prime Minister Tun Dr Mahathir Mohamad today suggested government offices and the private sector to allocate 15 minutes for exercise and make it a culture to promote a healthy lifestyle among the staff.

"I suggest all government offices, as well as the private ones, stop work for a while at 11 am to exercise... if possible, outside the air-conditioned rooms.

"I suggest all staff go out for 15 minutes to exercise and then go back to work," he said when launching the 'When Active Living Kicks' (WALK) campaign by the Health Ministry here today.



Also present were Dr Mahathir's wife, Tun Dr Siti Hasmah Mohd Ali and Health Minister Datuk Seri Dr Dzulkefly Ahmad. Dr Mahathir also advised the public to not smoke and eat excessively and avoid alcoholic drinks to remain healthy.

Dr Mahathir said he had no secrets for still being healthy at the age of 93, except to always maintain a healthy lifestyle.

"Our lifestyle should be to our comfort and suits our health," he added.

Dr Mahathir also shared a tip on maintaining a fit body, which is to not eat or drink too much. He said eating or drinking too much could make one fat or have a belly.



"Do not eat too much... when the food still tastes good, stop eating," he added.

Dr Mahathir said it was important to control one's body weight because when the body is small, the heart easily pumps blood to the entire body. He also reminded Malaysians to walk more to avoid muscle contractions when they got older. "Our muscle, if we do not use it, after some time it contracts and becomes

weak. My house has a lift, but I take the stairs," he said.

Meanwhile, Dr Dzulkefly, in his speech, said the WALK campaign was launched to encourage Malaysians to be more active by doing physical activities.

More than 200 individuals with SMOKE FREE messages posted in their social media.

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16 Nov 2018

Kempen “Blue Ribbon” 2018



Majlis Anugerah & Pengiktirafan Kempen Blue Ribbon 2018 telah dirasmikan oleh YB Datuk Seri Dr. Dzulkefly Ahmad, Menteri Kesihatan Malaysia bertempat di IPKKM. Kempen Blue Ribbon adalah satu program advokasi kempen inisiatif Malaysia Bebas Asap Rokok dan telah diperkenalkan sejak tahun 2013 bagi memberi pengiktirafan kepada individu, organisasi serta komuniti yang telah memberi sumbangan bermakna untuk melindungi orang awam daripada

bahaya asap rokok. Pada tahun ini, 155 penerima anugerah telah diberikan pengiktirafan dan bilangan ini telah meningkat berbanding tahun 2017 iaitu 92 penerima.

Anugerah Pencapaian Cemerlang telah diberikan kepada Restoren Hussain Nasi Kandar manakala Pensijilan Blue Ribbon Beyond telah diberikan kepada Universiti Teknologi MARA (UiTM) Cawangan Pahang, Kampus Jengka dan Putra Specialist Hospital (Melaka) Sdn Bhd. Bagi Anugerah Blue Ribbon KOSPEN dan Komuniti telah diberikan kepada Kampung Malaysia Raya (Kuala Lumpur), Kampung Parit Rampai (Johor) dan Kampung Sg. Jerneh (Melaka).



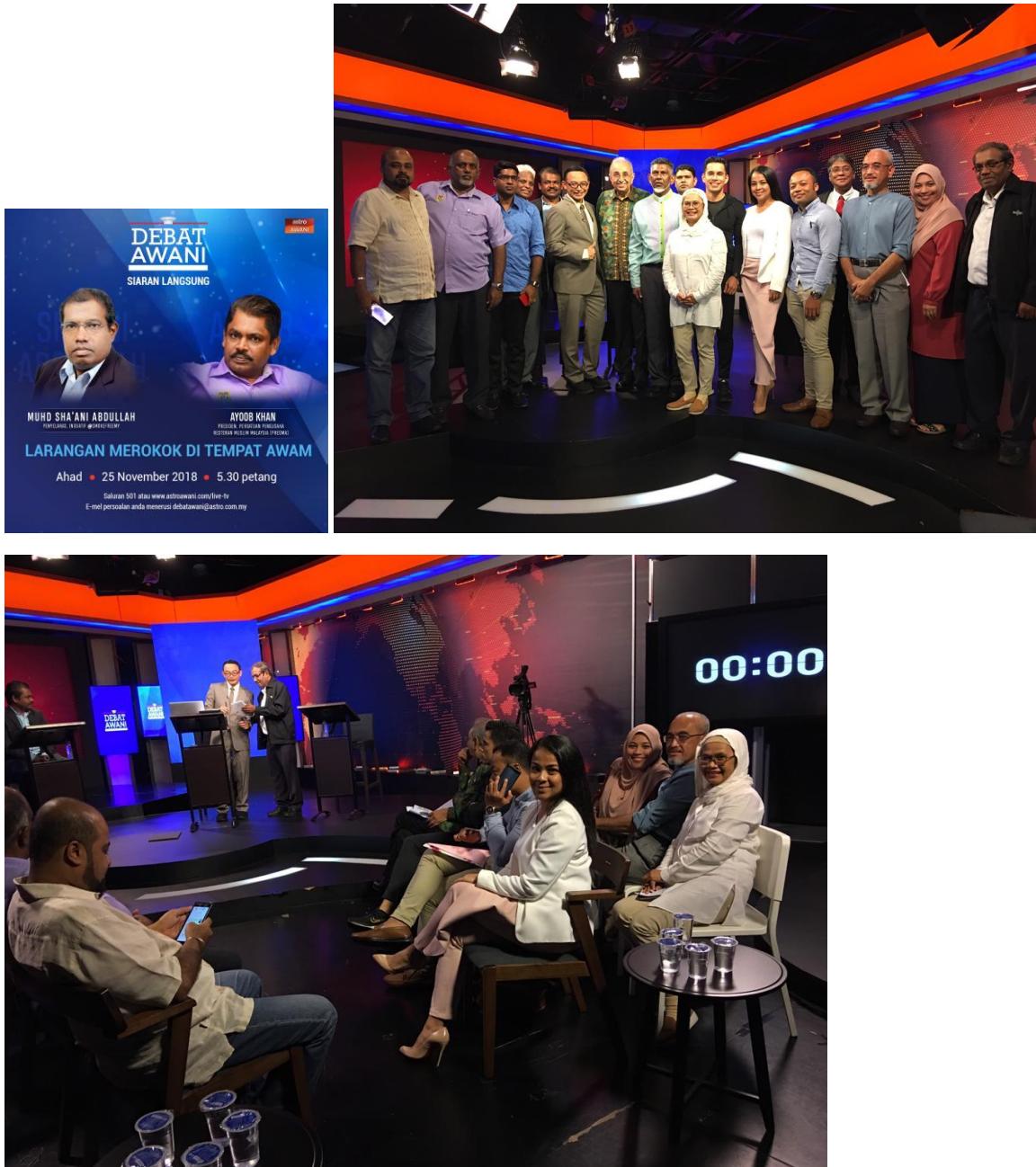
Turut hadir pada majlis tersebut YBhg Prof Datuk Dr Lekhraj Rampal, Presiden, MCTC.

Petisyen Larangan Merokok di Semua Premis Makanan di Malaysia (#Support RESTART-Restoran Tanpa Asap Rokok Tembakau) yang dijajakan oleh 30 badan-badan NGO , telah berjaya mengumpulkan 76 ribu tandatangan bagi menyokong usaha ini dan telahpun diserahkan kepada YB Datuk Seri Dr. Dzulkefly Ahmad di dalam majlis tersebut.

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25 Nov 2018

Awani Debate – Larangan Merokok Di Tempat Awam



Debat AWANI kali ini membawa tajuk "Larangan Merokok di tempat awam" yang menampilkan 2 orang panel jemputan iaitu Muhammad Sha'ani Abdullah, Setiausaha Agung, Majlis Kawalan Tembakau Malaysia dan Ayoob Khan, Presiden Persatuan Pengusaha Restoran Muslim Malaysia (PRESMA).

Rakaman video boleh ditonton di :

<http://www.astroawani.com/video-malaysia/debat-awani-larangan-merokok-di-tempat-awam-310028>

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5 Dis 2018

Kunjung Hormat kepada YB Menteri Kesihatan Malaysia di Palimen Malaysia



LIPUTAN MEDIA

- 27 JUN 2019 Special committee to regulate e-cigarettes – The Sun Daily
<https://www.thesundaily.my/local/special-committee-to-regulate-e-cigarettes-MF1034079>
- 31 DEC 2018 Passive smokers waiting for their break – The Sun Daily
<https://www.thesundaily.my/local/passive-smokers-waiting-for-their-break-AG329174>
- 03 JUN 2018 Increase excise tax on tobacco products – The Sun Daily
<https://www.thesundaily.my/archive/increase-excise-tax-tobacco-products-AUARCH552371>
- 03 Nov 2018 Increase fines for ciggie smugglers, say NGOs – The Star
<https://www.thestar.com.my/news/nation/2018/11/03/increase-fines-for-ciggle-smugglers-say-ngos#Fq8o601qmY3v055z.99>
- 08 Sep 2018 Customers or secondhand smoke, groups have their say – The Star
<https://www.thestar.com.my/news/nation/2018/09/08/customers-or-secondhand-smoke-groups-have-their-say#7RetiiIFyY1t6vRW.99>
- 18 Oct 2018 High time for ministry to show some backbone on smoking ban – The Star
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- 18 Sep 2018 Debunking smokers' views – The Star
<https://www.thestar.com.my/opinion/letters/2018/09/18/debunking-smokers-views>
- 21 Sep 2018 In pursuit of no-smoking policy – The Star
<https://www.thestar.com.my/opinion/letters/2018/09/21/in-pursuit-of-nosmoking-policy>
- 08 Feb 2018 Poverty + Cancer = Early death - The Star
<https://www.thestar.com.my/lifestyle/living/2018/02/08/poverty-cancer-early-death>
- 11 Sep 2018 Medical, health bodies for smoking ban at open-air eating spots - Bernama
<https://www.malaysiakini.com/news/442667>
- 03 Nov 2018 Increase fines for ciggie smugglers, say NGOs – The Star
<https://www.thestar.com.my/news/nation/2018/11/03/increase-fines-for-ciggle-smugglers-say-ngos#rYTvv3yHdlwZo6t1.99>
- 13 Nov 2017 Why trade matters: How are trade policies impacting the surge of NCDs in Malaysia - MIMS
<https://today.mims.com/how-are-trade-policies-impacting-the-surge-of-ncds-in-malaysia>
- 8 May 2019 Health Ministry earns plaudits for smoking ban in eateries – NST
<https://www.nst.com.my/news/nation/2019/05/486587/health-ministry-earns-plaudits-smoking-ban-eateries>

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- 2 Jun 2018 Time to increase tax on cigarettes - The Malaysian Insight
<https://www.themalaysianinsight.com/s/51730>
- 12 Oct 2018 No more smoking in eateries next year - The Malaysian Insight
<https://www.themalaysianinsight.com/s/102924>
- 31 Dec 2018 Passive smokers waiting for their break - Malay Mail
<https://www.malaymail.com/news/malaysia/2018/12/31/passive-smokers-waiting-for-their-break/1707858>
- 07 Sept 2018 Larangan merokok: Peniaga tak perlu risau – Awani
<http://www.astroawani.com/berita-malaysia/larangan-merokok-peniaga-tak-perlu-risau-184968>